JAI SRI RAMAKRISHNA-JAI SRI SARADA DEVI JAI SWAMI VIVEKANANDA

A unique opportunity for sadhana for the devotees of Sri Ramakrishna, Sri Sarada Devi and Swami Vivekananda.

> The second 3day Sadhana Shiviram - JAPA YAJNA CAMP On March 25th Friday to March 27th Sunday 2016

VENUE:THRIKKUR, KERALA (Birth place of Revered Ranganathanandaji Maharaj)

Dear Devotees,

Namaskar.

Yugavatara Sri Ramakrishna repeatedly speaks of three things essential for God realization.

1. Going into solitude now and then 2. Holy company (satsanga) 3. Repetition of God's name.

Keeping in view these three things, we have organized a 3 day residential camp for doing as much Japam as possible, to provide a suitable atmosphere for sadhana.

Devotees who have received Mantra Diksha(initiation) and who are serious about their sadhana, can send the filled up registration form, which is attached with this invitation, before February 20^{th} 2016. Devotees in the age of 18 to 65 years and in good health only can register.

PLEASE AVOID THE PLAN OF VISITING THE TOURIST PLACES, TEMPLES, ETC., TILL THE CAMP IS OVER.

<u>Please Note</u>: Registration form should have individual address only and not group address.

Registration will be on first come first basis.

YOU ARE WELCOME TO sponsor FOR ANY OF THE camp expenses. Contributions will be kindly accepted for accommodation, food, Puja & decoration expenses and travelling expenses of the Monks.

(The programme is conducted under the auspices of the Adhyaksha/ Ramakrishna Math, Haripad, Kerala. Swami Virabhadrananda ;- Cell :09496250834 or 09745325834. E-mail--: viveka.vira@gmail.com)

Please contact:--Mrs Geetha (Camp Co-ordinator) No:14/18, 4th Main road, Kamaraj Nagar East, Thiruvanmiyur, Chennai-600 041. cell – 09884239585. Email-id:rsv.geetha@gmail.com

ROUTINE

25.	03.3	2016	

		20.00.2010	
3:00 pm		Теа	
3:30 pm	3:35 pm	Deepa Aradhana	
3:35 pm	4:00 pm	Instructions to Participants - Swami Virabhadrananda, RK Math, Haripad	
4:00 pm	4:30 pm	Bhajans - Swami Swatmaramananda, RK Math, Bangalore	
4:30 pm	6:15 pm	Japa	
6:15 pm	6:30 pm	Reading	
6:30 pm	7:30 pm	Arati, Bhajans - Swami Swatmaramananda, RK Math, Bangalore	
7:30 pm	8:30 pm	Japa	
8:30	pm	Night Prasad	
9:30 pm 10:00 pm		Japa (at the place of rest)	
		26.03.2016	
5:30 am	6:30 am	Mangalarati, Ushakirtana Swami Swatmaramananda, RK Math, Bangalore	
6:30 am	7:30 am	Japa	
7:30	am	Breakfast	
9:00 am	10:00 am	Japa	
10:00 am	10:30 am	Bhajans - Swami Swatmaramananda, RK Math, Bangalore	
10:30 am	12:00 pm	Japa	
12.00	pm	Guided Meditation Swami Virabhadrananda, RK Math, Haripad	
12:30 pm		Deepa Aradhana	
12:35	5 pm	Noon Prasad	
1:30 pm	2:00 pm	Bhajans - Swami Swatmaramananda, RK Math, Bangalore	
2:00 pm	2:30 pm	Discourse by Swami Narasimhananda, Advaita Ashrama, Mayavati	
2:30 pm	3:30 pm	Japa	
3:30 pm	4:00 pm	Discourse by Swami Virabhadrananda, RK Math, Haripad	
4:00 pm	5:30 pm	Visit to Rev. Ranganathanandaji's House & Tea at his house	
5:30 pm	6:15 pm	Time for washing etc	
6:15 pm	6:30 pm	Reading	
6:30 pm	7:30 pm	Arati, Bhajans - Swami Swatmaramananda, RK Math, Bangalore	
7:30 pm	8:30 pm	Japa	
8:30 pm		Night Prasad	
9:15	pm	Special Dhuni Meditation	
		27.03.2016	
5:30 am	6:30 am	Mangalarati, Ushakirtana - Swami Swatmaramananda, RK Math, Bangalore	
6:30 am	7:30 am	Japa	
7:30 am		Breakfast	
9:00 am	10:00 am	Japa	
10:00 am	10:30 am	Discourse by Swami Narasimhananda, Advaita Ashrama, Mayavati	
10:30 am	12:00 pm	Japa	
12:00		Guided Meditation Swami Virabhadrananda, RK Math, Haripad	
12:30 pm 12:35 pm		Deepa Aradhana	
12:35 pm		Noon Prasad	
1:30 pm	2:00 pm	Discourse by Swami Swatmaramananda, RK Math, Bangalore	
2:00 pm	2:30 pm	Bhajans by Swami Swatmaramananda, RK Math, Bangalore	
2:30 pm	3:30 pm	Japa	
3:30 pm	4:00 pm	Discourse by Swami Narasimhananda, Advaita Ashrama, Mayavati	
4:00 pm	4:10 pm	Concluding Speech	
4:10 pm	4:15pm	Deepa Aradhana ; Ramakrishna Sharanam - Swami Swatramananda	
4:15 p	om	Теа	

Programme concludes at 4:15 pm For those who stay on 27.03.2016, Camp routine will continue till 10:00 pm.

Instructions:

AS YOU ARE TO BE ENGAGED IN CONTINUOUS JAPAM OF THE ISHTA MANTRA ALONG WITH DISCOURSES AND BHAJANS, PLEASE PREPARE YOURSELF PHYSICALLY AND MENTALLY FOR THIS BLESSED SADHANA, IN THE HOUSE ITSELF, 2 WEEKS BEFORE COMING FOR THE CAMP,.

- 1. All talks will be in English.
- 2. The participants will strictly stay in the accommodation provided by us during the camp, not elsewhere.
- 3. Devotees in the age of 18 to 65 years and in good health only can register
- 4. Please come physically and mentally prepared for the camp.
- 5. Participants should observe strict silence & avoid gossip.
- 6. Accommodation will be provided for Ladies and Gents separately, (only) from the morning of 25th March 2016 to the morning of 28th March 2016 (only).
- For transportation from Thrissur railway station to the campus our volunteers will board (3 devotees) in an Auto arranged by us,on your arrival on 25th March, its charges will be shared among the 3 devotees. Our volunteers will be available till 02.00 p.m (only).
- 8. After the camp, for transportation to Thrissur railway station and Thrissur bus stand Autos will also be arranged by our volunteers, in the same manner as they received you & the charges will be borne by you.
- 9. Breakfast, noon & night food will be arranged in the campus.
- 10. PARTICIPATION IN THIS SADHANA SHIVIRAM IS free.
- 11. YOU ARE WELCOME TO sponsor FOR ANY OF THE camp expenses. Contributions will be kindly accepted for accommodation, food and decoration expenses and traveling expenses of the Monks.
- 12. Use of **Mobile phones** is strictly prohibited during these 3 days.
- 13. Participants should follow the routine strictly and should attend all the programmes during the camp. Those who do not follow the rules will be asked to leave the camp.
- 14. Kindly bring a torch and an umbrella which will be useful. Please note that this residential camp is for initiated (those who have received mantra diksha) devotees of the Sri Ramakrishna Math & Sri Sarada Math only.

Please contact Mrs Geetha, cell – 09884239585. Address: No:14/18, 4th main road, Kamaraj Nagar East, Thiruvanmiyur, Chennai-600 041. Email-id:rsv.geetha@gmail.com

OFFERINGS IN CASH AND KIND ARE WELCOME.

THE SECOND-3 DAY JAPA YAJNA AT TRIKKUR, KERALA MARCH-25thTO 27th MARCH 2016

REGISTRATION FORM

NOTE: 1. For extra copies of the registration form, Please take Xerox. 2. PLEASE AVOID THE PLAN OF VISITING THE TOURIST PLACES, TEMPLES, ETC., TILL THE CAMP IS OVER. 3. Registration form should have individual address only and not group address.

- 1. NAME:
- 2. AGE :
- 3. MALE / FEMALE
- 4. ADDRESS :
- 5. MOBILE : LAND:
- 6. MAIL-ID:
- 7. IN EMERGENCY WHOM TO CONTACT :

THEIR MOBILE/TELEPHONE NO :

- 8. <u>YOUR ARRIVAL DETAILS :</u> Train No. Name:
 - Date: Time: Arrival Station Name:
- 9. YOUR DEPARTURE DETAILS: Train No. Name:

Date: Time: Departure Station Name:

IF IN GROUP : NO. OF MALES: NO. OF FEMALES: (attach a sheet with all their details)

10. INITIATED BY : YEAR :

- 11. TO WHICH ASHRAMA YOU ARE IN CONTACT WITH:
- 12. Please send the filled up registration form, before February 20th 2016, to:

Mrs Geetha (Camp Co-ordinator) cell – 09884239585. Address: No:14/18, 4th Main road, Kamaraj Nagar East, Thiruvanmiyur, Chennai-600 041. Email-id:rsv.geetha@gmail.com